

The lay sponsor will answer any questions you may have about the Weekend and what you need to bring, as well as assisting with arrangements for attending a Weekend, finding/starting a group reunion, and attending the first Ultreya after the Weekend.

\* Contact the Pre -Cursillo Director listed on the Cursillo BC website, if you need more information or help finding a sponsor.

\* You will be notified when you have been selected as a candidate.

Dates for upcoming weekends are posted on the website, as well as the date for the follow - up session to the weekend, at which the community will welcome new cursillistas and help them with the nuts and bolts of beginning practicing the method. Attendance at this session is strongly recommended for all candidates who take part in a weekend, and for their lay sponsors.

### What is expected of participants?

- A commitment toward transforming environments (home, social, work, parish, etc.) with the Gospel of Christ
- A commitment to find support in this endeavour through regular Group Reunion and Ultreya participation

### What about the cost ?

In the past, lay sponsors have paid the costs for their sponsored candidates. Since the Weekend has been moved out of churches and into a

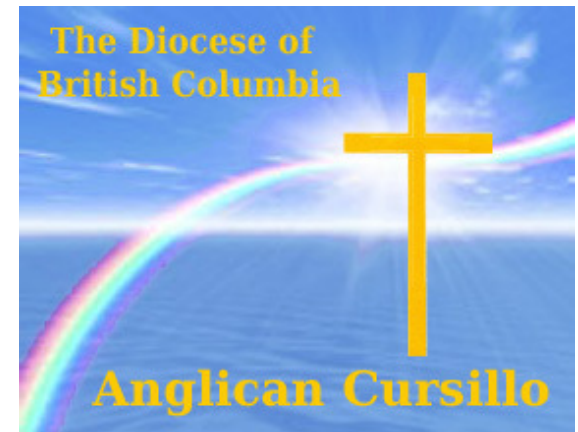
residential setting, costs have increased and lay sponsors may not be able to fully fund the weekend. In such cases, financial assistance may be available from Cursillo Secretariat, which has some funds donated by members of the Cursillo community, from your parish, or from the Diocese through the St. Francis Education Fund. Sponsors should contact the Lay Director through the Cursillo BC website if assistance is needed. Candidates who prefer to pay the cost themselves are free to do so. See the application form at [www.cursillobc.com](http://www.cursillobc.com) for the current cost. Candidates who attend the Cursillo Weekend will have the opportunity to give as they are able, to make another candidate's Weekend possible in upcoming Weekends.

### Want more information?

The Cursillo Secretariat would be pleased to provide a speaker to attend a parish function to describe Cursillo, talk about the Weekend, and explain expectations around the "Fourth Day". To arrange this or find contact people, go to: [www.cursillobc.com](http://www.cursillobc.com)

Or for more information, go to The Canadian Anglican Cursillo website at:

[www.anglicancursillo.com](http://www.anglicancursillo.com)



[www.cursillobc.com](http://www.cursillobc.com)

On each one of us God's favour has been bestowed in whatever way Christ allotted it. ... And to some, his 'gift' was that they should be apostles; to some prophets; to some, evangelists; to some, pastors and teachers; to knit God's holy people together for the work of service to build up the Body of Christ...

**Ephesians 4: 7, 11 -12**

### What is Cursillo?

(pronounced "Kur-see-yo")

The full name, Cursillo de Cristiandad, comes to us from Spain, and means a 'short course in Christian Living.'

The purpose of Cursillo is to present a method of living as a Christian ; a way of structuring our lives so as to enable us to make a difference in the world.

The Cursillo method is in use in parishes from Gander to Victoria, and in more than 50 nations on five continents. It aims to help those in the church to understand their individual callings to be Christian leaders. This leadership may be exercised in work situations, in family and social life, in leisure activities, and within the church.

## What is the Cursillo method?

1. Identification of potential areas in life to be influenced by the gospel
2. The three - day Cursillo Weekend
3. The follow - up support system of regular opportunities to meet for mutual support and encouragement, focusing on Christian action, study and fellowship

## What is a Cursillo Weekend?

The Cursillo Weekend starts on a Thursday evening and ends late on the following Sunday afternoon. It is a live - in weekend. Participants are expected to attend the complete course. The Weekend focuses entirely on the teachings of Jesus Christ and is designed to help you come to a fresh awareness of the ways in which you can live out your baptismal vows.

During the weekend there will be worship and fellowship, as well as 15 talks and 5 meditations. These focus on the meaning of life in Christ, and how you can become more fully alive in Him and

live as a Christian in today's world. The talks are given by both lay and ordained Christians.

A Cursillo Weekend will have essentially the same structure no matter where it is experienced.

## What about after the Weekend?

Cursillo is not a substitute for your parish church. It is a movement of the Anglican Church intended to help you renew and enhance your Christian life both in the community of your parish and in the larger community, where your daily life takes you.

In order to experience the full blessing of Cursillo in their lives and to support further spiritual growth through the Cursillo method, people who have experienced a Cursillo (called 'Cursillistas' - Kur- see -yee-stahs) meet regularly in a number of ways:

1. Group Reunion - a regular (usually weekly) meeting of 2 to 5 people who support and encourage one another in their Christian faith, study and action. New cursillistas will be helped to find or form a group.
2. Ultreya - a large gathering for prayer and encouragement. Ultreyas are held on a regular basis, usually monthly, as an affirmation and confirmation of Christian community in action in our individual environments. They are times of great fellowship and sharing. They are open to all Christians, not just those who have attended a Cursillo. For a listing of Ultreya locations, dates and times, go to [www.cursillobc.com](http://www.cursillobc.com)
3. Fourth Day Workshops/Leaders School/ Servant Community - These workshops have a

variety of purposes such as training leaders for Weekends, teaching about various aspects of Cursillo, furthering an individual's understanding of the Cursillo method, ways to deepen your Christian life, and so on. These are also times of special fellowship and worship. They are intended for those who have attended a Cursillo Weekend.

## Who may attend ?

Weekends are open to all baptized adult Christians who are ready for a learning and growing experience received through worship, study, fellowship, and personal reflection. Men's and Women's Weekends are usually held separately.

Cursillo is not a therapy program. It is recommended that anyone undergoing any kind of stress such as health problems, family difficulties, personal crises, etc., should postpone attending a weekend.

## How does one apply?

Application forms are available on the Cursillo BC website at [www.cursillobc.com](http://www.cursillobc.com) or from your parish office, clergy, or the Diocesan office. Each person applying is sponsored by their parish priest, and by a person who has been on a Cursillo Weekend.